



AHA Chapter

THE NEWSLETTER OF

The HUMANIST ASSOCIATION of CONNECTICUT

August 2019



UU Humanists Local Group

Monthly Meeting Climate Change - How We Are All Part of the Solution -- August 19, 7:00

Our guest speaker for the evening is Steve Lewis from the Connecticut chapter of the Sierra Club. Steve will update us on: The urgency of the Climate Crisis, actions taken in 2019 by the CT General Assembly to address it, Sierra Club campaigns in progress, and what we can do to help change the trajectory of this problem.

Steve holds a BA in Political Science from Trinity College Hartford and an MBA in Healthcare and Technology Management from UConn. He was the Committee Administrator of the Public Health Committee in the CT General Assembly for 13 years and is Vice-president of Strategic Initiatives at UnitedHealthcare.

Steve is an avid environmentalist with two electric vehicles and solar on his house. In his spare time Steve is a Boy Scouts of America (BSA) Scoutmaster and is District Chairman of the CT Rivers Council for the Hockanum River District. Steve is also a CT Audubon Master Naturalist and a Leave No Trace - Outdoor Ethics Master Educator.

Calendar of Events

Unless otherwise noted, all programs are held at USNH, 700 Hartford Turnpike, Hamden, CT. RSVP for dinners at meetup.com/cthumanist.

AUGUST 2019

Sat., 3	Explorations, "Broadway Musicals: A Jewish Legacy"	2:30 p.m. to 4:30 p.m.
Mon., 5	Social Dinner at Turkish Kebab House 1157 Campbell Ave., West Haven	7:00 p.m.
Sat., 17	Book Discussion: "Before you Know It" by John Bargh	2:30 p.m. to 4:30 p.m.
Mon., 19	Monthly Meeting: Climate Change -- How We Are All Part of the Solution	7:00 p.m.
Sun., 25	Board Meeting	3:30 p.m.
Mon., 26	Dinner Discussion at the Wood-n-Tap 2100 Dixwell Avenue, Hamden, Topic "Emotion"	7:00 p.m.

SEPTEMBER 2019

Mon., 2	Social Dinner at Turkish Kebab House 1157 Campbell Ave., West Haven	7:00 p.m.
Sat., 7	Explorations, TBD	2:30 p.m. to 4:30 p.m.
Mon., 16	Monthly Meeting	7:00 p.m.
Sat., 21	Book Discussion: "Educated: A Memoir" by Tara Westover	2:30 p.m. to 4:30 p.m.
Mon., 23	Dinner Discussion at the Wood-n-Tap 2100 Dixwell Avenue, Hamden, Topic TBD	7:00 p.m.
Sun., 29	Board Meeting	3:30 p.m.

HAC Newsletter--Email vs. Mail

There are 3 important reasons why receiving this Newsletter by email ONLY is the way to go:

- #1 The costs of paper, ink, envelopes AND Postage; this is the largest annual HAC expense;
- #2 The time required for printing, folding, stuffing envelopes, stamping & mailing; and
- #3 Receiving your Newsletter by Email ONLY is better for the Environment!

If you have not already done so, we hope you will **opt out of receiving a copy by mail**. You can do this by contacting the Editor or any Board member.

www.cthumanist.org

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contributed to this issue.
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Please take a minute to send in
your 2019 dues to the address
above: \$35 individual -- \$50 family
-- \$10 postal newsletter only
Many thanks to those already paid!

If August is Too Hot

If you don't find us in the usual place at
USNH for a meeting, and if it is a hot
day, look for us in the air-conditioned
Sanctuary, where USNH has
generously let us get out of the heat.

Event Report

Apollo 11 - 50th Anniversary Event

Seven members of HAC and CT Drinking Sceptically attended a special showing of the new Apollo 11 documentary film at the Maritime Aquarium IMAX Theater in Norwalk, followed by a viewing of the Full Moon and Jupiter through high-powered telescopes, plus a well-timed pass over by the International Space Station. It was both informative and a great social gathering.

Supporting Immigration Rights

Two HAC members, Gayle Walter and Bonnie Cohen, attended the Hamden Light the Night Vigil on July 12, and the ICE Protest at the Federal Building in Hartford July 15, in support of Salma Sikander. We encourage all members and friends to find ways to stay informed and involved regarding Immigration issues.

Explorations: Broadway Musicals: A Jewish Legacy - August 3, 2:30 p.m.

This PBS documentary, narrated by Joel Grey, explores the unique role of Jewish composers and lyricists in the creation of the modern American musical. Featuring interviews and conversations with some of the greatest composers and writers of the Broadway stage, this film showcases the work of some of the nation's pre-eminent creators of musical theatre including Irving Berlin, Jerome Kern, George and Ira Gershwin, Lorenz Hart, Richard Rodgers, Oscar Hammerstein II, Leonard Bernstein, Stephen Sondheim, and many others.

Book Discussion: Before You Know It--The Unconscious Reasons We Do What We Do -- August 17, 2:30 p.m.

Dr. Bargh takes the reader into his labs at New York University and Yale where he and his colleagues have discovered how the unconscious guides our behavior, goals, and motivations. He reveals what science now knows about the pervasive influence of the unconscious mind.

Wood-n-Tap Dinner Discussion - Emotions August 26, 7 p.m., Hamden

This week's topic is about an emotion introduced in an episode of NPR's Invisibilia podcast at: https://www.npr.org/2017/06/01/530936928/emotions-part-two. This discussion introduces an emotion called liget. A recent Forbes article https://www.forbes.com/sites/brucelee/2017/09/09/here-are-the-27-different-human-emotions-according-to-a-study includes a link to the original study that concludes there are 27 emotions. Psychologist Robert Plutchik came up with 32 (https://en.wikipedia.org/wiki/Robert_Plutchik) and arranged them on a wheel. Have you ever suspected that perhaps the official human emotional landscape is incomplete? Do emotions need a community to exist? Do they matter without a community? Bring your thoughts!

We need you! There are many opportunities available to support this group, such as:

- Kitchen help is always welcome at the monthly meeting! (see Carol S.)
• Shopping for coffee, snacks and supplies (see Carol S.)
• Submit ideas for activities or newsletter items to the editor.
• Visit a board meeting to see what goes on behind the scenes.